



This month we wanted to share with you some foster parent perspectives, how to talk with your own children about the journey you are on, and the positive impact that foster parents can have on the children coming into their home. Below are several links to articles, YouTube videos, and books. Hopefully, you will find these things helpful and encouraging! Please talk with your foster care navigator if you have any questions or would like more resources!

Talking to your own children and family about foster care:

<http://foster-adoptive-kinship-family-services-nj.org/talking-to-children-about-foster-care/>

Maintaining a strong relationship with your partner when fostering:

<https://blog.adoptuskids.org/maintaining-a-strong-relationship-when-fostering/>

Stories of foster parents

Becoming a foster parent, What is your why?:

<https://www.youtube.com/watch?v=GAjZGMFQLuo&feature=youtu.be>

The Journey of Being a Foster Parent:<https://www.togetherwerise.org/blog/being-a-foster-parent/>

I Was Meant to Be a Foster Parent:

<https://theeverymom.com/i-was-meant-to-be-a-foster-parent-one-mom-shares-her-story/>

Foster Parent bill of rights:

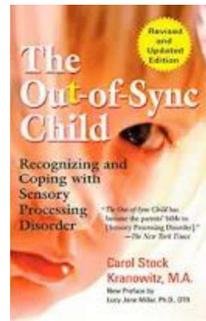
<https://www.ncsl.org/research/human-services/foster-care-bill-of-rights.aspx>

Book recommendations:

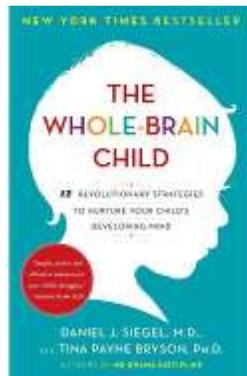
Four Books Every Foster Parent Needs to Read:

<https://thriveglobal.com/stories/four-books-all-foster-parents-need-to-read/>

More books:



The Out-of-Sync Child by Carol Stock Kranowitz, M.A



The Whole Brain Child by Dr. Dan Siegel

If you don't currently have a navigator and are interested in services please call 1-855-MICKIDS(642-

4543)



**Foster Care
Navigator**



Family Enrichment Center