



Shared parenting between foster and birth Parents

This month the foster care navigators want to share with you the importance of building a relationship with the birth or biological parents of your foster children to support and work towards the goal of reunification. As a foster parent, you will find that some relationships come easier than others when working with biological parents. Below are resources that show positive ways to build these relationships and the benefits of maintaining them.

Relaxing Relationships workshop for Foster Parents-

https://drive.google.com/file/d/1SkzLZi9iHkdWEptbnVekGro9-TVoBi6w/view?usp=drive_web

Co-Parenting or Shared parenting in foster care-<https://www.nacac.org/resource/co-parenting-or-shared-parenting/>

3 Simple Ways to Build a Positive Relationship with Your Foster Child's Birth Parents-

<https://trinityys.org/3-simple-ways-build-positive-relationship-foster-childs-birth-parents/>

Tips for working with biological parents- http://www.ifapa.org/pdf_docs/TinaVNewsJan2015.pdf

Video of a birth parents' perspective while her child was in foster care -

<https://www.facebook.com/watch/?v=385280518812576>

Another birth parents' perspective- <https://www.thv11.com/article/news/local/outreach/a-place-to-call-home/she-was-a-mom-on-a-mission-mother-overcomes-addiction-works-with-foster-parents-to-get-her-kids-back/91-98d073d3-f70e-40f0-86dd-56133f596717>

Foster parent's perspective on creating a relationship with biological parents-

<https://www.childwelfare.gov/fostercaremonth/reallifestories/narratives/oneanother/>

Another foster parent's perspective on developing a relationship with birth parents-

<https://www.childwelfare.gov/fostercaremonth/reallifestories/narratives/safeplace/>

If you have any further questions, need additional resources, or are struggling to connect with a birth parent please reach out to your navigator! We can help!

If you don't currently have a navigator and are interested in services please call 1-855-MICKIDS(642-4543)

